



FOCUS ON INTEGRATED TREATMENT COURSE OBJECTIVES

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Focus on Integrated Treatment

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FOCUS ON INTEGRATED TREATMENT The Complete Program

This self-paced, interactive program includes case studies, exercises, and videos. FITs modules provide a firm foundation in evidence-based, integrated treatment for co-occurring disorders.

Module Objectives

 Module One - Introduction to Integrated Co-occurring Disorders Treatment Data on the prevalence of CODs and their impact on the lives of those who go untreated Failure of traditional approaches Definition of integrated treatment and the evidence on improved outcomes the approach has achieved Perspective of clients with CODs and the experience with the integrated-treatment model of care 	 Module Two – Implementing Co-occurring Disorders (COD) Treatment Learn seven important steps that lead to successful implementation Learn how to monitor program improvement outcomes Learn organizational factors that lead to successful implementation and strategies for improving workforce proficiency Learn how training and supervision are critical elements in the implementation process
 Module Three - Screening for Substance Use Learn about effective screening for substance use Learn about substance-use screening tools Learn about barriers to effective screening and methods for overcoming these barriers Understand how to recognize the effects of substance use problems on someone's mental health symptoms 	 Module Four – Screening for Psychiatric Disorders Learn about effective screening techniques Learn about three mental health screening forms Learn about barriers to effective screening and methods for overcoming these barriers
 Module Five – Assessment of Substance Use Disorders Learn how to assess a client's substance use Learn about barriers to effective screening and methods for overcoming these barriers Learn about the twelve domains of assessment 	 Module Six – Assessment of Psychiatric Disorders Learn how to assess a client's mental health Learn about the twelve domains of assessment Learn about barriers to effective screening and methods for overcoming these barriers Learn about the elements of a mental status examination





 Module Seven – Differentiating Substance Use and Psychiatric Symptoms Understand various substances and symptoms of intoxication and withdrawal that might mimic psychotic symptoms Learn how to use a timeline to determine whether the observed symptoms are substance induced or related to an independent psychiatric disorder 	 Module Eight – Motivational Interviewing I (Introduction, Key Skills and Concepts) Receive an introduction to motivational interviewing, a client-centered, directive method for enhancing a client's own desire to change Learn about the spirit and the four principles of motivational interviewing Learn strategies for putting each principle into practice and for recognizing, eliciting and reinforcing client's change talk
 Module Nine – Motivational Interviewing II (Reflective Listening and Summarizing) Learn how and when to use four essential skills of motivational interviewing Implement these motivational interviewing strategies: open-ended questions, affirmations, reflective listening, and summaries 	 Module Ten – Motivational Interviewing III (Ambivalence as Part of Change; Rolling with Resistance Learn three techniques to help people deal with their ambivalence Implement these motivational interviewing strategies: amplified reflection, double-sided reflection, and coming alongside
 Module Eleven – Motivational Interviewing and Harm Reduction Examine crisis management and harm reduction Learn when it's appropriate to use motivational interviewing for harm reduction Learn how to use motivational interviewing and the ethical issues around using it 	 Module Twelve - Stagewise Treatment Understand the stages of change and the stages of treatment models Learn what these models are, how they interact and the importance of providing interventions that work best for each stage Learn the four stages of treatment, the goal of each stage, and the interventions that match each stage Learn how to recognize clients' stages of treatment Rate a client's stage of treatment Choose the intervention best matched for the client's stage of treatment
 Module Thirteen – Early Stages of Change Learn how to assess a client's stage of change accurately Learn how to use motivational interviewing as a primary tool in the early stages of treatment Explore treatment interventions for each of the three early stages of change: pre-contemplation, contemplation, and preparation 	 Module Fourteen – Later Stages of Change Understand the later stages of change List the criteria for accurately assessing clients in these later stages Examine treatment interventions for the two later stages (action and maintenance) Learn about treatment approaches for clients in multiple stages for different disorders (for example, contemplation for substance use and action for mental health issues)





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 Module Fifteen – Stagewise Treatment Groups Learn what stagewise treatment groups are Learn how these groups relate to the stages of treatment Learn what the difference is and how these groups are structured Learn about the positive client outcomes associated with stagewise groups Learn how to integrate other types of groups, such as coping skills and peer recovery groups, into your treatment program 	 Module Sixteen – Persuasion Groups Take a closer look at persuasion groups Learn the goals, clinical techniques, and characteristics of persuasion groups
 Module Seventeen – Active Treatment and Relapse Prevention Groups Learn common interventions in active treatment and relapse prevention groups to help people learn new coping skills Learn how groups help clients work on real-life issues such as managing negative emotions, work, relationships, and their housing environment 	 Module Eighteen – Recovery Support Services in the Community Examine peer recovery community support groups Learn the benefits of Twelve-Step programs and the different meeting types Learn recommended strategies for promoting access to self-help programs, connecting clients to peer support groups, and overcoming potential problems clients might encounter Help clients connect with peer support groups in their community Help clients address any barriers to joining peer support groups
 Module Nineteen - Cognitive-Behavioral Therapy (CBT) for Coping Skills and Problem-Solving Learn the basics of CBT for co-occurring disorders Learn the theories behind CBT, principles for implementing CBT, and strategies for using CBT in addiction counseling Learn how to use the functional analysis and the steps to teaching coping skills Learn how to apply CBT for problem-solving and goal setting 	 Module Twenty – Cognitive-Behavioral Therapy (CBT) for Treating Anxiety, Depression, and Trauma-Related Problems Learn a model for using CBT Learn how to create a crisis plan Learn how to teach breathing retraining and the five steps of cognitive restructuring
 Module Twenty-One – Social Skills Training Learn how you can teach clients to break skills into smaller steps and help them practice new behaviors Understand how social skills training can help people refuse drugs, avoid social isolation, and develop healthier relationships 	 Module Twenty-Two – Individual Interventions Learn about the advantages of individual treatment and the situations and clients where individual work would be the most appropriate Learn strategies for developing the therapeutic relationship Learn how to use a stage-based approach in designing treatment plans for individual interventions Understand criteria for assessing a client's stage of change and matching interventions appropriate for each stage





 Module Twenty-Three – Working with Families and Other Close Supporters Learn how working with families or friends can be very helpful to a client's recovery Learn some general guidelines about forming collaborative relationships and working with families and friends Learn some specific models for working with single- family and multiple-family groups Module Twenty-Five – Disease Model and Individual Responsibility Examine the disease model of substance use and mental health disorders Examine the concept of recovery as a process and the importance of clients taking charge of their own recovery process Explore different options for managing both psychiatric and substance use disorders 	 Module Twenty-Four – Philosophy and Perspectives of Recovery Examine some of the different views of recovery in addiction and mental health treatment Learn how connections to peers and to the community are important for people in recovery Module Twenty-Six – Achieving Recovery in the Real World Learn about supported employment and supported housing, two models for helping clients with co- occurring disorders achieve recovery in the real world
 Module Twenty-Seven – Understanding the Use of Medications for Clients with COD Examine how medication can be part of an effective treatment plan for people with co- occurring disorders Learn about some of the common medications for clients with co-occurring disorders Learn how to work with clients to overcome barriers to using medications Learn how to collaborate with clients to help them get the most out of their medications 	 Module Twenty-Eight – Generating the Collaborative Treatment Plan Examine two approaches to identifying client goals and how they can be used together to build the treatment plan Learn about the format of a good treatment plan: identifying measurable goals, identifying interventions, identifying roles and responsibilities, and identifying follow-up plans Explore the use of a shared decision-making approach in the development of the treatment plan, in monitoring the recovery process, in setting and implementing long-term goals, and in resolving disagreements between the practitioner and the client
 Module Twenty-Nine – Integrating Medical, Psychiatric, and Addiction Treatment Services Examine the increased health risks that many people with co-occurring disorders face and the challenges they have in getting good medical care Learn how to help clients work with medical professionals and to build healthier lifestyles 	 Module Thirty - Clinical Supervision I Examine the importance of good supervision Describe two specific supervision models: case presentations, using a group model for supervision, and skills training Identify some of the most frequently cited barriers Identify solutions so that you can provide supervision in a timely fashion





At the Completion of Each Module Participants Will:

 Module Thirty-One – Clinical Supervision II Learn about techniques you can use when supervising individuals: field mentoring, modeling, coaching, feedback, and data-based supervision 	 Module Thirty-Two – Clinical Leadership Learn about important components of successful change such as including all involved stakeholders, developing a committee that will spearhead the change process, and selecting a clinical leader or "champion" Learn the seven key steps and tasks that you, as a clinical leader, will need to perform throughout your agency's change process Understand the benefits of providing integrated treatment for your agency and the consumers of the services you provide
 Module Thirty-Three – Program-Level Measures of COD Capacity Describe two practice indexes: the Dual Diagnosis Capability in Addiction Treatment (DDCAT) and the Dual Diagnosis Capability in Mental Health Treatment (DDCMHT) Describe each index, its structure and rating scale, information on finding DDCAT/DDCMHT assessment teams, strategies for setting up a site visit, and information on how to score each index Learn how to draft a DDCAT/DDCMHT report and how to use the data for identifying areas for program improvement Describe how to use the overall results of the DDCAT/DDCMHT survey to design an implementation plan 	 Module Thirty-Four – Fidelity Assessment in IDDT Describe in detail the Integrated Dual Disorders Treatment (IDDT) fidelity scale, a fidelity scale designed to help you evaluate your program and make improvements in a continuous process Examine how the fidelity scale works, the domains of the fidelity scale, the program item rating scale, the structure of a fidelity scale site survey, and the selection of an assessment team Explore how to best use the results of your fidelity scale survey to identify areas for program improvement Learn how to draft an IDDT fidelity scale implementation plan and the benefits of including this plan in your agency's continuous quality improvement plan
 Module Thirty-Five – Tracking Outcomes and Process Improvements Learn how the data you collect can provide information for data-based supervision and for licensing and certification reviews, and, how it can help you determine if clients are getting better Learn how to collect information to set goals and how to strengthen your programs through continuous quality improvement 	

Length of Program: 35 modules NBCC Hours Awarded: 40.0

Cost for the Program: \$525.00





FOCUS ON INTEGRATED TREATMENT Complete Clinician Collection

This self-paced, interactive program includes case studies, exercises, and videos. FITs modules provide a firm foundation in evidence-based, integrated treatment for co-occurring disorders.

Module Objectives

At the Completion of Each Module Participants Will:

Focus on

Integrated

Treatment

Module One – Introduction to Integrated	Module Two – Implementing Co-occurring Disorders
Co-occurring Disorders Treatment	(COD) Treatment
 Data on the prevalence of CODs and their impact on the lives of those who go untreated Failure of traditional approaches Definition of integrated treatment and the evidence on improved outcomes the approach has achieved Perspective of clients with CODs and the experience with the integrated-treatment model of care Module Three – Screening for Substance Use 	 Learn seven important steps that lead to successful implementation Learn how to monitor program improvement outcomes Learn organizational factors that lead to successful implementation and strategies for improving workforce proficiency Learn how training and supervision are critical elements in the implementation process Module Four – Screening for Psychiatric Disorders
 Learn about effective screening for substance use Learn about substance-use screening tools Learn about barriers to effective screening and methods for overcoming these barriers Understand how to recognize the effects of substance use problems on someone's mental health symptoms 	 Learn about effective screening techniques Learn about three mental health screening forms Learn about barriers to effective screening and methods for overcoming these barriers
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 Module Twenty-One – Social Skills Training Learn how you can teach clients to break skills into smaller steps and help them practice new behaviors Understand how social skills training can help people refuse drugs, avoid social isolation, and develop healthier relationships 	 Module Twenty-Two – Individual Interventions Learn about the advantages of individual treatment and the situations and clients where individual work would be the most appropriate Learn strategies for developing the therapeutic relationship Learn how to use a stage-based approach in designing treatment plans for individual interventions Understand criteria for assessing a client's stage of change and matching interventions appropriate for each stage





 Module Twenty-Three – Working with Families and Other Close Supporters Learn how working with families or friends can be very helpful to a client's recovery Learn some general guidelines about forming collaborative relationships and working with families and friends Learn some specific models for working with single- family and multiple-family groups 	 Module Twenty-Four – Philosophy and Perspectives of Recovery Examine some of the different views of recovery in addiction and mental health treatment Learn how connections to peers and to the community are important for people in recovery
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 Medications for Clients with COD Examine how medication can be part of an effective treatment plan for people with cooccurring disorders Learn about some of the common medications for clients with co-occurring disorders Learn how to work with clients to overcome barriers to using medications Learn how to collaborate with clients to help them get the most out of their medications 	 Treatment Plan Examine two approaches to identifying client goals and how they can be used together to build the treatment plan Learn about the format of a good treatment plan: identifying measurable goals, identifying interventions, identifying roles and responsibilities, and identifying follow-up plans Explore the use of a shared decision-making approach in the development of the treatment plan, in monitoring the recovery process, in setting and implementing long-term goals, and in resolving disagreements between the practitioner and the client
 Module Twenty-Nine – Integrating Medical, Psychiatric, and Addiction Treatment Services Examine the increased health risks that many people with co-occurring disorders face and the challenges they have in getting good medical care Learn how to help clients work with medical professionals and to build healthier lifestyles 	 Module Thirty - Clinical Supervision I Examine the importance of good supervision Describe two specific supervision models: case presentations, using a group model for supervision, and skills training Identify some of the most frequently cited barriers Identify solutions so that you can provide supervision in a timely fashion



At the Completion of Each Module Participants Will:

Module Thirty-One – Clinical Supervision II

• Learn about techniques you can use when supervising individuals: field mentoring, modeling, coaching, feedback, and data-based supervision

Length of Program: 31 modules NBCC Hours Awarded: 35.0 Cost for the Program: \$465.00





Focus on Integrated Treatment

FOCUS ON INTEGRATED TREATMENT Screening & Assessment

Module Objectives

At the Completion of Each Module Participants Will:

 Module One - Introduction to Integrated Co-occurring Disorders Treatment Data on the prevalence of CODs and their impact on the lives of those who go untreated Failure of traditional approaches Definition of integrated treatment and the evidence on improved outcomes the approach has achieved Perspective of clients with CODs and the experience with the integrated-treatment model of care 	 Module Three - Screening for Substance Use Learn about effective screening for substance use Learn about substance-use screening tools Learn about barriers to effective screening and methods for overcoming these barriers Understand how to recognize the effects of substance use problems on someone's mental health symptoms
 Module Four – Screening for Psychiatric Disorders Learn about effective screening techniques Learn about three mental health screening forms Learn about barriers to effective screening and methods for overcoming these barriers Module Six – Assessment of Psychiatric Disorders Learn how to assess a client's mental health Learn about the twelve domains of assessment Learn about barriers to effective screening and methods for overcoming these barriers Learn about the twelve domains of assessment Learn about the elements of a mental status examination 	 Module Five – Assessment of Substance Use Disorders Learn how to assess a client's substance use Learn about barriers to effective screening and methods for overcoming these barriers Learn about the twelve domains of assessment Module Seven – Differentiating Substance Use and Psychiatric Symptoms Understand various substances and symptoms of intoxication and withdrawal that might mimic psychotic symptoms Learn how to use a timeline to determine whether the observed symptoms are substance induced or related to an independent psychiatric disorder

Length of Program: 6 modules NBCC Hours Awarded: 7.5

Cost for the Program: \$90.00





Focus on Integrated Treatment

FOCUS ON INTEGRATED TREATMENT Motivational Interviewing

Module Objectives

At the Completion of Each Module Participants Will:

 Module One – Introduction to Integrated Co-occurring Disorders Treatment Data on the prevalence of CODs and their impact on the lives of those who go untreated Failure of traditional approaches Definition of integrated treatment and the evidence on improved outcomes the approach has achieved Perspective of clients with CODs and the experience with the integrated-treatment model of care 	 Module Eight – Motivational Interviewing I (Introduction, Key Skills and Concepts) Receive an introduction to motivational interviewing, a client-centered, directive method for enhancing a client's own desire to change Learn about the spirit and the four principles of motivational interviewing Learn strategies for putting each principle into practice and for recognizing, eliciting and reinforcing client's change talk
 Module Nine – Motivational Interviewing II (Reflective Listening and Summarizing) Learn how and when to use four essential skills of motivational interviewing Implement these motivational interviewing strategies: open-ended questions, affirmations, reflective listening, and summaries 	 Module Ten – Motivational Interviewing III (Ambivalence as Part of Change; Rolling with Resistance Learn three techniques to help people deal with their ambivalence Implement these motivational interviewing strategies: amplified reflection, double-sided reflection, and coming alongside
 Module Eleven – Motivational Interviewing and Harm Reduction Examine crisis management and harm reduction Learn when it's appropriate to use motivational interviewing for harm reduction Learn how to use motivational interviewing and the ethical issues around using it 	 Module Twenty-Two – Individual Interventions Learn about the advantages of individual treatment and the situations and clients where individual work would be the most appropriate Learn strategies for developing the therapeutic relationship Learn how to use a stage-based approach in designing treatment plans for individual interventions Understand criteria for assessing a client's stage of change and matching interventions appropriate for each stage

Length of Program: 6 modules

NBCC Hours Awarded: 7.5

Cost for the Program: \$90.00





Focus on Integrated Treatment

FOCUS ON INTEGRATED TREATMENT Cognitive Behavioral Therapy

Module Objectives

At the Completion of Each Module Participants Will:

 Module One – Introduction to Integrated Co-occurring Disorders Treatment Data on the prevalence of CODs and their impact	 Module Nineteen - Cognitive-Behavioral Therapy (CBT)
on the lives of those who go untreated Failure of traditional approaches Definition of integrated treatment and the	for Coping Skills and Problem-Solving Learn the basics of CBT for co-occurring disorders Learn the theories behind CBT, principles for
evidence on improved outcomes the approach has	implementing CBT, and strategies for using CBT in
achieved Perspective of clients with CODs and the	addiction counseling Learn how to use the functional analysis and the
experience with the integrated-treatment model of	steps to teaching coping skills Learn how to apply CBT for problem-solving and goal
care	setting
 Module Twenty - Cognitive-Behavioral Therapy (CBT) for Treating Anxiety, Depression, and Trauma-Related Problems Learn a model for using CBT Learn how to create a crisis plan Learn how to teach breathing retraining and the five steps of cognitive restructuring 	 Module Twenty-One – Social Skills Training Learn how you can teach clients to break skills into smaller steps and help them practice new behaviors Understand how social skills training can help people refuse drugs, avoid social isolation, and develop healthier relationships

Length of Program: 4 modules NBCC Hours Awarded: 5 Cost for the Program: \$80.00







FOCUS ON INTEGRATED TREATMENT Stagewise Treatment

Module Objectives

Module One – Introduction to Integrated	Module Twelve – Stagewise Treatment
 Co-occurring Disorders Treatment Data on the prevalence of CODs and their impact on the lives of those who go untreated Failure of traditional approaches Definition of integrated treatment and the evidence on improved outcomes the approach has achieved Perspective of clients with CODs and the experience with the integrated-treatment model of care 	 Understand the stages of change and the stages of treatment models Learn what these models are, how they interact and the importance of providing interventions that work best for each stage Learn the four stages of treatment, the goal of each stage, and the interventions that match each stage Learn how to recognize clients' stages of treatment Rate a client's stage of treatment Choose the intervention best matched for the client's stage of treatment
 Module Thirteen – Early Stages of Change Learn how to assess a client's stage of change accurately Learn how to use motivational interviewing as a primary tool in the early stages of treatment Explore treatment interventions for each of the three early stages of change: pre-contemplation, contemplation, and preparation 	 Module Fourteen – Later Stages of Change Understand the later stages of change List the criteria for accurately assessing clients in these later stages Examine treatment interventions for the two later stages (action and maintenance) Learn about treatment approaches for clients in multiple stages for different disorders (for example, contemplation for substance use and action for mental health issues)
 Module Fifteen - Stagewise Treatment Groups Learn what stagewise treatment groups are Learn how these groups relate to the stages of treatment Learn what the difference is and how these groups are structured Learn about the positive client outcomes associated with stagewise groups Learn how to integrate other types of groups, such as coping skills and peer recovery groups, into your treatment program 	 Module Sixteen – Persuasion Groups Take a closer look at persuasion groups Learn the goals, clinical techniques, and characteristics of persuasion groups





At the Completion of Each Module Participants Will:

 Module Seventeen – Active Treatment and Relapse Prevention Groups Learn common interventions in active treatment and relapse prevention groups to help people learn new coping skills Learn how groups help clients work on real-life issues such as managing negative emotions, work, relationships, and their housing environment 	 Module Twenty-Two – Individual Interventions Learn about the advantages of individual treatment and the situations and clients where individual work would be the most appropriate Learn strategies for developing the therapeutic relationship Learn how to use a stage-based approach in designing treatment plans for individual interventions Understand criteria for assessing a client's stage of change and matching interventions appropriate for each stage
Length of Program: 8 modules NBCC Hours Awa	rded: 10 Cost for the Program: \$160.00







At the Completion of Each Module Participants Will:

Focus on

Integrated Treatment

Module One – Introduction to Integrated	Module Twelve – Stagewise Treatment
 Co-occurring Disorders Treatment Data on the prevalence of CODs and their impact on the lives of those who go untreated Failure of traditional approaches Definition of integrated treatment and the evidence on improved outcomes the approach has achieved Perspective of clients with CODs and the experience with the integrated-treatment model of care 	 Understand the stages of change and the stages of treatment models Learn what these models are, how they interact and the importance of providing interventions that work best for each stage Learn the four stages of treatment, the goal of each stage, and the interventions that match each stage Learn how to recognize clients' stages of treatment Rate a client's stage of treatment Choose the intervention best matched for the client's stage of treatment
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 Module Fifteen - Stagewise Treatment Groups Learn what stagewise treatment groups are Learn how these groups relate to the stages of treatment Learn what the difference is and how these groups are structured Learn about the positive client outcomes associated with stagewise groups Learn how to integrate other types of groups, such as coping skills and peer recovery groups, into your treatment program 	 Module Twenty-Two – Individual Interventions Learn about the advantages of individual treatment and the situations and clients where individual work would be the most appropriate Learn strategies for developing the therapeutic relationship Learn how to use a stage-based approach in designing treatment plans for individual interventions Understand criteria for assessing a client's stage of change and matching interventions appropriate for each stage



At the Completion of Each Module Participants Will:

Module Twenty-Eight – Generating the Collaborative Treatment Plan

- Examine two approaches to identifying client goals and how they can be used together to build the treatment plan
- Learn about the format of a good treatment plan: identifying measurable goals, identifying interventions, identifying roles and responsibilities, and identifying follow-up plans
- Explore the use of a shared decision-making approach in the development of the treatment plan, in monitoring the recovery process, in setting and implementing long-term goals, and in resolving disagreements between the practitioner and the client

Length of Program: 7 modules NBCC Hours Awarded: 8.5

Cost for the Program: \$105.00





FOCUS ON INTEGRATED TREATMENT Medication & Integrated Treatment

Module Objectives

At the Completion of Each Module Participants Will:

 Module One - Introduction to Integrated Co-occurring Disorders Treatment Data on the prevalence of CODs and their impact	 Module Twenty-Seven – Understanding the Use of
on the lives of those who go untreated Failure of traditional approaches Definition of integrated treatment and the	Medications for Clients with COD Examine how medication can be part of an effective
evidence on improved outcomes the approach has	treatment plan for people with co-occurring disorders Learn about some of the common medications for
achieved Perspective of clients with CODs and the	clients with co-occurring disorders Learn how to work with clients to overcome barriers
experience with the integrated-treatment model of	to using medications Learn how to collaborate with clients to help them
care	get the most out of their medications
 Module Twenty-Nine – Integrating Medical, Psychiatric, and Addiction Treatment Services Examine the increased health risks that many people with co-occurring disorders face and the challenges they have in getting good medical care Learn how to help clients work with medical professionals and to build healthier lifestyles Length of Program: 3 modules 	rded: 3.75 Cost for the Program: \$60.00





FOCUS ON INTEGRATED TREATMENT Basics of Integrated Treatment

Order in which modules are recommended for learning: 1, 24, 25, 26, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 23, 27, 29

Module Objectives

Module One – Introduction to Integrated	Module Three – Screening for Substance Use
 Co-occurring Disorders Treatment Data on the prevalence of CODs and their impact on the lives of those who go untreated Failure of traditional approaches Definition of integrated treatment and the evidence on improved outcomes the approach has achieved Perspective of clients with CODs and the experience with the integrated-treatment model of care 	 Learn about effective screening for substance use Learn about substance-use screening tools Learn about barriers to effective screening and methods for overcoming these barriers Understand how to recognize the effects of substance use problems on someone's mental health symptoms
Module Four – Screening for Psychiatric Disorders	Module Five – Assessment of Substance Use Disorders
Learn about effective screening techniques	 Learn how to assess a client's substance use
Learn about three mental health screening forms	 Learn about barriers to effective screening and
 Learn about barriers to effective screening and 	methods for overcoming these barriers
methods for overcoming these barriers	Learn about the twelve domains of assessment
Module Six – Assessment of Psychiatric Disorders	Module Seven – Differentiating Substance Use and
 Learn how to assess a client's mental health 	Psychiatric Symptoms
 Learn about the twelve domains of assessment 	 Understand various substances and symptoms of
 Learn about barriers to effective screening and 	intoxication and withdrawal that might mimic
methods for overcoming these barriers	psychotic symptoms
 Learn about the elements of a mental status 	Learn how to use a timeline to determine whether
examination	the observed symptoms are substance induced or
	related to an independent psychiatric disorder
Module Eight – Motivational Interviewing I	Module Nine – Motivational Interviewing II (Reflective
(Introduction, Key Skills and Concepts)	Listening and Summarizing)
 Receive an introduction to motivational 	 Learn how and when to use four essential skills of
interviewing, a client-centered, directive method	motivational interviewing
for enhancing a client's own desire to change	 Implement these motivational interviewing
Learn about the spirit and the four principles of	strategies: open-ended questions, affirmations,
motivational interviewing	reflective listening, and summaries
Learn strategies for putting each principle into	
practice and for recognizing, eliciting and	
reinforcing client's change talk	





 Module Ten – Motivational Interviewing III (Ambivalence as Part of Change; Rolling with Resistance) Learn three techniques to help people deal with their ambivalence Implement these motivational interviewing strategies: amplified reflection, double-sided reflection, and coming alongside 	 Module Eleven – Motivational Interviewing and Harm Reduction Examine crisis management and harm reduction Learn when it's appropriate to use motivational interviewing for harm reduction Learn how to use motivational interviewing and the ethical issues around using it
 Module Twelve – Stagewise Treatment Understand the stages of change and the stages of treatment models Learn what these models are, how they interact and the importance of providing interventions that work best for each stage Learn the four stages of treatment, the goal of each stage, and the interventions that match each stage Learn how to recognize clients' stages of treatment Rate a client's stage of treatment Choose the intervention best matched for the client's stage of treatment 	 Module Twenty-Three – Working with Families and Other Close Supporters Learn how working with families or friends can be very helpful to a client's recovery Learn some general guidelines about forming collaborative relationships and working with families and friends Learn some specific models for working with single- family and multiple-family groups
 Module Twenty-Four – Philosophy and Perspectives of Recovery Examine some of the different views of recovery in addiction and mental health treatment Learn how connections to peers and to the community are important for people in recovery 	 Module Twenty-Five – Disease Model and Individual Responsibility Examine the disease model of substance use and mental health disorders Examine the concept of recovery as a process and the importance of clients taking charge of their own recovery process Explore different options for managing both psychiatric and substance use disorders
 Module Twenty-Six – Achieving Recovery in the Real World Learn about supported employment and supported housing, two models for helping clients with co- occurring disorders achieve recovery in the real world 	 Module Twenty-Seven – Understanding the Use of Medications for Clients with COD Examine how medication can be part of an effective treatment plan for people with co-occurring disorders Learn about some of the common medications for clients with co-occurring disorders Learn how to work with clients to overcome barriers to using medications Learn how to collaborate with clients to help them get the most out of their medications



At the Completion of Each Module Participants Will:

Module Twenty-Nine – Integrating Medical, Psychiatric, and Addiction Treatment Services

- Examine the increased health risks that many people with co-occurring disorders face and the challenges they have in getting good medical care
- Learn how to help clients work with medical professionals and to build healthier lifestyles

Length of Program: 17 modules NBCC Hours Awarded: 21.25 Cost for the Program: \$170.00





FOCUS ON INTEGRATED TREATMENT Recovery Support & Community Resources

Module Objectives

At the Completion of Each Module Participants Will:

Module One – Introduction to Integrated	Module Eighteen – Recovery Support Services in the
 Co-occurring Disorders Treatment Data on the prevalence of CODs and their impact on the lives of those who go untreated Failure of traditional approaches Definition of integrated treatment and the evidence on improved outcomes the approach has 	 Community Examine peer recovery community support groups Learn the benefits of Twelve-Step programs and the different meeting types Learn recommended strategies for promoting access to self-help programs, connecting clients to peer
 achieved Perspective of clients with CODs and the experience with the integrated-treatment model of care 	 support groups, and overcoming potential problems clients might encounter Help clients connect with peer support groups in their community Help clients address any barriers to joining peer support groups
 Module Twenty-Three – Working with Families and Other Close Supporters Learn how working with families or friends can be very helpful to a client's recovery Learn some general guidelines about forming collaborative relationships and working with families and friends Learn some specific models for working with single- family and multiple-family groups 	 Module Twenty-Four – Philosophy and Perspectives of Recovery Examine some of the different views of recovery in addiction and mental health treatment Learn how connections to peers and to the community are important for people in recovery
 Module Twenty-Five – Disease Model and Individual Responsibility Examine the disease model of substance use and mental health disorders Examine the concept of recovery as a process and the importance of clients taking charge of their own recovery process Explore different options for managing both psychiatric and substance use disorders 	 Module Twenty-Six – Achieving Recovery in the Real World Learn about supported employment and supported housing, two models for helping clients with co- occurring disorders achieve recovery in the real world

Length of Program: 6 modules

NBCC Hours Awarded: 7.5

Cost for the Program: \$90.00





FOCUS ON INTEGRATED TREATMENT Clinical Supervision

Module Objectives

At the Completion of Each Module Participants Will:

 Module One – Introduction to Integrated Co-occurring Disorders Treatment Data on the prevalence of CODs and their impact on the lives of those who go untreated Failure of traditional approaches Definition of integrated treatment and the evidence on improved outcomes the approach has achieved Perspective of clients with CODs and the 	 Module Thirty - Clinical Supervision I Examine the importance of good supervision Describe two specific supervision models: case presentations, using a group model for supervision, and skills training Identify some of the most frequently cited barriers Identify solutions so that you can provide supervision in a timely fashion
 A recipience of clients with coops and the experience with the integrated-treatment model of care Module Thirty-One – Clinical Supervision II Learn about techniques you can use when supervising individuals: field mentoring, modeling, coaching, feedback, and data-based supervision 	

Length of Program: 3 modules

NBCC Hours Awarded: 3.75

Cost for the Program: \$60.00







FOCUS ON INTEGRATED TREATMENT Complete Clinical Administrator Collection

Module Objectives

 Module One - Introduction to Integrated Co-occurring Disorders Treatment Data on the prevalence of CODs and their impact on the lives of those who go untreated Failure of traditional approaches Definition of integrated treatment and the evidence on improved outcomes the approach has achieved Perspective of clients with CODs and the experience with the integrated-treatment model of care 	 Module Two – Implementing Co-occurring Disorders (COD) Treatment Learn seven important steps that lead to successful implementation Learn how to monitor program improvement outcomes Learn organizational factors that lead to successful implementation and strategies for improving workforce proficiency Learn how training and supervision are critical elements in the implementation process
 Module Thirty-Two - Clinical Leadership Learn about important components of successful change such as including all involved stakeholders, developing a committee that will spearhead the change process, and selecting a clinical leader or "champion" Learn the seven key steps and tasks that you, as a clinical leader, will need to perform throughout your agency's change process Understand the benefits of providing integrated treatment for your agency and the consumers of the services you provide 	 Module Thirty-Three – Program-Level Measures of COD Capacity Describe two practice indexes: the Dual Diagnosis Capability in Addiction Treatment (DDCAT) and the Dual Diagnosis Capability in Mental Health Treatment (DDCMHT) Describe each index, its structure and rating scale, information on finding DDCAT/DDCMHT assessment teams, strategies for setting up a site visit, and information on how to score each index Learn how to draft a DDCAT/DDCMHT report and how to use the data for identifying areas for program improvement Describe how to use the overall results of the DDCAT/DDCMHT survey to design an implementation plan





At the Completion of Each Module Participants Will:

Module Thirty-Four – Fidelity Assessment in IDDT	Module Thirty-Five – Tracking Outcomes and Process
 Describe in detail the Integrated Dual Disorders Treatment (IDDT) fidelity scale, a fidelity scale designed to help you evaluate your program and make improvements in a continuous process Examine how the fidelity scale works, the domains of the fidelity scale, the program item rating scale, the structure of a fidelity scale site survey, and the selection of an assessment team Explore how to best use the results of your fidelity scale survey to identify areas for program improvement Learn how to draft an IDDT fidelity scale implementation plan and the benefits of including this plan in your agency's continuous quality improvement plan 	 Improvements Learn how the data you collect can provide information for data-based supervision and for licensing and certification reviews, and, how it can help you determine if clients are getting better Learn how to collect information to set goals and how to strengthen your programs through continuous quality improvement
Length of Program: 6 modules NBCC Hours	Awarded: 7.5 Cost for the Program: \$90.00





FOCUS ON INTEGRATED TREATMENT Administrator Program Benchmark & Fidelity Measures

Module Objectives <u>At the Completion of Each Module Participants Will:</u>

 Module One - Introduction to Integrated Co-occurring Disorders Treatment Data on the prevalence of CODs and their impact on the lives of those who go untreated Failure of traditional approaches Definition of integrated treatment and the evidence on improved outcomes the approach has achieved Perspective of clients with CODs and the experience with the integrated-treatment model of care 	 Module Two – Implementing Co-occurring Disorders (COD) Treatment Learn seven important steps that lead to successful implementation Learn how to monitor program improvement outcomes Learn organizational factors that lead to successful implementation and strategies for improving workforce proficiency Learn how training and supervision are critical elements in the implementation process
 Module Thirty-Three – Program-Level Measures of COD	 Module Thirty-Four – Fidelity Assessment in IDDT Describe in detail the Integrated Dual Disorders
Capacity Describe two practice indexes: the Dual Diagnosis	Treatment (IDDT) fidelity scale, a fidelity scale
Capability in Addiction Treatment (DDCAT) and the	designed to help you evaluate your program and
Dual Diagnosis Capability in Mental Health	make improvements in a continuous process Examine how the fidelity scale works, the domains of
Treatment (DDCMHT) Describe each index, its structure and rating scale,	the fidelity scale, the program item rating scale, the
information on finding DDCAT/DDCMHT	structure of a fidelity scale site survey, and the
assessment teams, strategies for setting up a site	selection of an assessment team Explore how to best use the results of your fidelity
visit, and information on how to score each index Learn how to draft a DDCAT/DDCMHT report and	scale survey to identify areas for program
how to use the data for identifying areas for	improvement Learn how to draft an IDDT fidelity scale
program improvement Describe how to use the overall results of the	implementation plan and the benefits of including
DDCAT/DDCMHT survey to design an	this plan in your agency's continuous quality
implementation plan	improvement plan



At the Completion of Each Module Participants Will:

Module Thirty-Five – Tracking Outcomes and Process Improvements

- Learn how the data you collect can provide information for data-based supervision and for licensing and certification reviews, and, how it can help you determine if clients are getting better
- Learn how to collect information to set goals and how to strengthen your programs through continuous quality improvement

Length of Program: 5 modules

NBCC Hours Awarded: 6.25

Cost for the Program: \$75.00







Length of Program: 3 modules

FOCUS ON INTEGRATED TREATMENT Administrator Clinical Leadership

Module Objectives

At the Completion of Each Module Participants Will:

 Module One – Introduction to Integrated Co-occurring Disorders Treatment Data on the prevalence of CODs and their impact on the lives of those who go untreated Failure of traditional approaches Definition of integrated treatment and the evidence on improved outcomes the approach has achieved Perspective of clients with CODs and the experience with the integrated-treatment model of care 	 Module Two – Implementing Co-occurring Disorders (COD) Treatment Learn seven important steps that lead to successful implementation Learn how to monitor program improvement outcomes Learn organizational factors that lead to successful implementation and strategies for improving workforce proficiency Learn how training and supervision are critical elements in the implementation process
 Module Thirty-Two - Clinical Leadership Learn about important components of successful change such as including all involved stakeholders, developing a committee that will spearhead the change process, and selecting a clinical leader or "champion" Learn the seven key steps and tasks that you, as a clinical leader, will need to perform throughout your agency's change process Understand the benefits of providing integrated treatment for your agency and the consumers of the services you provide 	

NBCC Hours Awarded: 3.75

> The program is endorsed by National Board of Certified Counselors (NBCC.)

Cost for the Program: \$60.00